

## CLAIMS

1. A composition for preventing and treating hepatoma characterized by containing, as the active ingredient, enterolactone (ENL) or a compound which is its plant lignan precursor and has an effect of inhibiting the growth of hepatoma.

2. A drug for preventing and treating hepatoma characterized by comprising enterolactone (ENL) or a compound which is its plant lignan precursor and has an effect of inhibiting the growth of hepatoma together with a pharmaceutically acceptable carrier.

3. A functional food material characterized in that enterolactone (ENL) or a compound which is its plant lignan precursor and has an effect of inhibiting the growth of hepatoma is blended, as the functional component, with a food material.

4. A functional food characterized by containing, as the functional ingredient, enterolactone (ENL) or a compound which is its plant lignan precursor and has an effect of inhibiting the growth of hepatoma.

5. The functional food product according to claim 4, characterized in that the above food product is a nutritional agent, therapeutic product, nutritional supplement food product or health food.